

TRI COUNTY WRESTLE-OFF POLICY

If a non-Varsity wrestler wishes to be considered for a Varsity spot the wrestler should make a request to the coaching staff. The coaches & Commissioners will determine who is eligible based on attendance, skill level and most importantly wrestler safety. The coaches reserve the right to move ("bump") wrestlers to different weight classes on the day of the match in order to obtain better pairings for the team as a whole. This maintains the component of wrestling as a "team" sport. Wrestlers should be no more than approximately (1-3 lbs.) over the weight class they are challenging at the time off wrestle-offs. That is, the younger, lighter boys (50-80lbs.) should be no more than 1-1 ½ pounds while the upper weights (100-146 lbs.) have a 2-3 pounds. Again, coaches' discretion will apply. The wrestle off will be the best 2 out of 3 matches and each match will be (3) 1:30 periods. Wrestlers will be slotted by coaches at the beginning of the season. Wrestle off are best 2 of 3 matches. Challengers must win the first match in order to continue to the 2nd or 3rd matches. If the wrestler who is defending wins the first match, the wrestle off is over.

- A list of the wrestlers who are scheduled to wrestle-off will be distributed by e-mail on the day before the wrestle-off. We will also post a list of the scheduled wrestle-offs on the door of the wrestling room. The list will include the weight class that the wrestlers are competing for.
- Any wrestler who is not at the scheduled wrestle-off will forfeit that wrestle off unless some other arrangements are made with the coach ahead of time.
- Wrestlers attempting to compete for a spot on these teams must be within 1lb of the weight specified to qualify for the wrestle off that day. No exceptions will be made.
- The winner of the wrestle-off will participate in the Tri-County matches until the next wrestle-off. Wrestlers may challenge for a spot in the lineup at the next wrestle-off. A challenger needs to win 2 consecutive wrestle-offs to displace someone from as starter of the Tri-County team. If a wrestler beats his challenger in three consecutive wrestle-offs, the challenger is no longer allowed to challenge that opponent during the current season.
- A wrestler who wants to challenge for a spot in the line-up must approach a head coach and state his intention at least one day prior to the scheduled wrestle-off date. It is the wrestler or his parent's responsibility to make sure the coaches know he wants to challenge for a spot and to make sure he is on the list when it is available.
- At times Special Wrestle-offs or roster changes may need to be scheduled to accommodate unforeseen circumstances, such as an injury. This will be at the discretion of either the head coach of the Tri-County team or the Commissioners. In these special cases, we may not be able to follow some or all of the above policies.
- Wrestlers always have the opportunity to opt out of a wrestle-off.

FINAL NOTE:

It is ultimately the wrestler's responsibility to make the weight he challenges at. Failure to make that weight causes the team to possibly forfeit that class and lose team points as well as deprive another wrestler the opportunity to compete.

Contacts

If there's ever a question regarding a rule or a guideline please feel free to reach out to a head coach for clarification. Most of our documentation is posted on our website.

For administrative, team rosters, league, schedule, apparel, and general questions or concerns please speak to Gary Kozdra.

For practices, team rosters, coaching, schedule, novice tournament, website, and general questions or concerns please speak to Mike Yannette.

For volunteer info, gym/concessions setup, player agent issues, or general questions and concerns please speak to Frank Volino.

GARY KOZDRA

Commissioner

MICHAEL YANNETTE

Assistant Commissioner – Director of Coaches

FRANK VOLINO

Assistant Commissioner – Director of Volunteers

JOHN SURICH

Co-Commissioner + T-Bird Fund President