

Mahwah Youth Wrestling 2014-2015

Approved Mouthguards

For our wrestlers who have braces, you must wear a mouthguard for your and the other wrestlers safety. Depending on the type of braces you have would dictate which kind you would need. For instance:

If you just have braces on the top only, you can use an upper mouth piece:







SHOCK DOCTOR Utra Braces Mouthquard

SHOCK DOCTOR Braces Mouthquard

Under Armour Strapless Mouthquard

If you have them on the bottom/top & bottom you would need a full mouth piece:







SHOCK DOCTOR Utra Braces Mouthguard, SHOCK DOCTOR Braces Youth Mouthguard, SHOCK DOCTOR Braces Mouthguard

Approved Mouthguards

MOUTH STRIPS ARE NOT ALLOWED TO BE USED. THEY MUST FULLY COVER BRACES.

WRESTLERS WILL BE TOLD BY THE REFERRES THEY ARE UNABLE TO WRESTLE.



Here is a list of approved brands and styles of mouth pieces that you can purchase at some of the local athletic stores:

SHOCK DOCTOR (Best Selection):

Utra Braces Series (uppers and full), Adult & Youth Braces Series (uppers and full) Found @ Sports Authority / Modell's / Dick's

UNDER ARMOUR:

Adult & Youth Strapless Mouthguard Braces Series (uppers and full)
Found @ Sports Authority / Modell's / Dick's

IMPORTANT: Always let the coaches know that you have your mouthguard on you at all times whether it is a practice day or match. These are mandatory and the wrestlers will not be allowed to participate.

If you have any questions please do not hesitate to contact us.

<u>Commissioner</u> - Gary Kozdra at (201)-970-8751 <u>Assistant Commissioner & Webmaster</u> - Michael Yannette at (551)-265-4490